



Advanced Diploma in Life & Executive Coaching & Mentoring
(Accredited by the International Authority for Professional Coaching & Mentoring (IAPCM))
(formerly known as the IIC&M, International Institute of Coaching & Mentoring)

Course participants will achieve an internationally recognised Advanced Diploma in Life & Executive Coaching & Mentoring. (Accredited by the IAPCM)

Upon successful completion of the advanced diploma, you have the option of affiliating with the IAPCM, and availing of the following benefits:

- **Support in growth and development as a coach or mentor**
- **Access to members who will be available to support their growth and development as a coach or mentor**
- **An international coaching and mentoring community**
- **On-going support in growth and development of coaching or mentoring skills**

In order to achieve the Advanced Diploma course participants must have successfully completed:

- **Level 6 QQI Coaching Models of Practice Award**
Or
- **Part 1 of the Advanced Diploma in Life & Executive Coaching & Mentoring**

Course Schedule

Course Details
Venue: To be confirmed
Time: 9.00 am to 4.30pm
Date: 5 days



Course Content

A deeper understanding of coaching: <ul style="list-style-type: none">• More about Mentoring• Coaching Intervention Styles• Additional Executive Coaching tools• Understanding Cultural and Generational Differences	Professional Standards & Ethics: <ul style="list-style-type: none">• Understanding and Maintaining Professional Standards• Ethical Guidelines• Understanding Ethical Maturity• Projection & Transference	More on Goal Setting & Action Planning: <ul style="list-style-type: none">• Prochaska's Theory of Stages of Change• Thomas Leonard's 3 Step Model• Structuring the Executive Coaching Engagement
Emotional Intelligence: <ul style="list-style-type: none">• Key Concepts of Emotional Intelligence• Self-Awareness• Self-Management• Social Awareness• Relationship Management• Empathy	<ul style="list-style-type: none">• Understanding Fears & Emotions• Personality Types• Neuropsychology in Coaching	<ul style="list-style-type: none">• Review Core Coaching Competencies• Concluding Coaching• Stress Management• Marketing a Coaching Business



Registration Form

Advanced Diploma in Life & Executive Coaching & Mentoring (Accredited by the International Authority for Professional Coaching & Mentoring (IAPCM))

NAME: _____

ADDRESS: _____

EMAIL: _____

TELEPHONE: MOBILE: _____ BUSINESS: _____

CURRENT EMPLOYMENT DETAILS:

HOW DID YOU HEAR ABOUT COURSE?

PLEASE ADVISE OF ANY SPECIAL REQUIREMENTS TO FACILITATE ATTENDING THE COURSE:

ENTRY REQUIREMENTS:

Level 6 QQI Coaching Models of Practice Award or Part 1 of the Advanced Diploma in Life & Executive Coaching & Mentoring

Advanced Diploma in Life & Executive Coaching & Mentoring

Venue: TBC

Commencing: TBC

Payment Options (Please tick one)

- ❖ Full Payment of €900 on Registration
- or
- ❖ Deposit of €100 on Registration, the balance of €800 payable before commencement of the course

Payment may be made online by Bank Transfer: Bank - AIB, Stillorgan,
BIC: AIBKIE2D IBAN: IE83 AIBK 9335 7046 6600 90

Signature _____

Contact: E: info@www.leci.ie

W: www.leci.ie

Mob 086-2404107



Life & Executive Coaching Institute

Maura Dolan

Life & Executive Coaching Institute

Phone 00 353 86 2404107

Email: maura@leci.ie Website: www.leci.ie



EXPERIENCE IN DELIVERING EXECUTIVE COACHING AND TRAINING PROGRAMMES

Maura is an accredited coach and trainer with over 15 years' experience delivering coach training courses and coaching senior executives and leaders in a broad range of industries. She designed and delivers an internationally recognised advanced coaching and mentoring qualification. Her company, Life & Executive Coaching Institute (LECI), is an approved QQI provider for a range of Level 6 Coach Training and Train the Trainer awards.

Maura spent over 20 years working in the corporate world and has extensive business acumen. She has a comprehensive understanding of finance, compliance and regulatory matters honed through her considerable experience both with the IDA, private industry, her professional qualifications and through working with companies in highly regulated sectors.

Maura has over 3,500 coaching and training hours experience and is an Accredited Fellow of Coaching (ACF) and Training Provider by the International Authority for Professional Coaching & Mentoring (IAPCM)

LIST OF ORGANISATIONS TO WHOM MAURA HAS DELIVERED EXECUTIVE COACHING AND TRAINING PROGRAMMES AT SENIOR LEVELS

2016 – Ongoing: Provides Executive Performance Coaching Services to IMI staff including debrief on psychometric assessments.

2014 – Ongoing: Associate Coach with LHH, a global talent management company providing Executive Coaching, Talent Development and Career Management Programmes to a range of LHH clients, at all levels of seniority, within the multi-national and corporate sector.

2014 – Ongoing: Associate Executive Coach with Distinctions Ltd. providing Executive Coaching Services for Performance Management and Leadership Development to senior executives within the State, Semi-state and Private Sectors. Programmes typically involve 4 to 6 sessions and include providing feedback on psychometrics.

2000 - Ongoing: Provides Executive Coaching services to a range of private clients at all levels of seniority within the corporate sector.

A more extensive client portfolio is available on request

2000 – Ongoing: Designed and Delivered Coach Training Programmes. Programmes include an Advanced Diploma and QQI Level 6 awards in Coaching and Train the Trainer

INDIVIDUAL FACILITATION STYLE

Maura's signature strength as an Executive Coach and an Accredited Trainer is her ability to balance her empathetic style, with a challenging action and performance-based focus. She achieves this through building non-judgemental, authentic and supportive relationships. Her expertise in the area of training life & executive coaches and mentors further positions her to be at the cutting edge of new and evolving coaching techniques. Values important to Maura are, motivating and inspiring others to develop high performance and make professional improvement.



THOUGHT LEADERSHIP PHILOSOPHY

Maura has developed a comprehensive and detailed Coaching Manual which provides an in-depth understanding of coaching skills and tools; she continually updates the content to reflect new developments. The manual forms the basis of course graduates implementing coaching cultures with their organisations.

Her expertise in the area of training life & executive coaches further positions her to be at the cutting edge of new and evolving coaching techniques.

QUALIFICATIONS & MEMBERSHIPS OF PROFESSIONAL BODIES

BA (Hons) Higher Diploma Psychology (2016 to 2018) Successfully completed 1st year (Expected Degree 2.1) Subjects include Organizational Behaviour Analysis, Social and Cognitive Psychology, Qualitative and Quantitative Analysis and Statistics
IMI Post Graduate Diploma in Executive Coaching (Hons.)
Accredited in the ECR / ECR 360 assessment instrument
British Psychological Society: Certificate in Test User Occupational Ability, Test User Occupational Personality (formerly Level A&B)
Business Practitioner Level in Neuro-Linguistic Programming, Richard Bandler trained, Irish Institute of NLP
Certificate in Training & Continuing Education, NUI, Maynooth
Certificate in Counselling (Foundation Skills), NUI Maynooth
Diploma in Accounting & Finance,
Institute of Chartered Secretaries and Administrators (ACIS)
Associate member of the Association for Coaching Ireland (AC)
Accredited Fellow Coach (AFC) and Training Provider by the International Authority for Professional Coaching & Mentoring (IAPCM)

Psychometric instruments - accreditation and direct licensing arrangements for;

- ECR & ECR 360- Emotional Capital Report - Roche Martin
- British Psychological Society (BPS) – Certificate for Occupational Ability and Occupational Personality Psychometrics Tests (Test User)(2011)
- DiSC Personality Assessment
- EQi™ & EQi 360™ - BarOn Emotional Quotient Inventory – MHS Inc.

Participates in regular CPD

Maura also engages in Coaching Supervision
