



Part 1

Advanced Diploma in Life & Executive Coaching & Mentoring (Accredited by the International Authority for Professional Coaching & Mentoring (IAPCM))

Includes:

Upon successful completion of Part 1 of the 2 Part Course leading to an Advanced Diploma in Life & Executive Coaching & Mentoring participants will:

- Achieve a level 6 QQI Coaching Models of Practice award
- Be eligible to progress to complete Part 2 of the course leading to an internationally recognised Advanced Diploma in Life & Executive Coaching & Mentoring, (Accredited by the IAPC&M)

Course Schedule

Course Details
Venue: Avila Centre, Bloomfield Avenue, Morehampton Road, Donnybrook, Dublin 4 Parking available FOC
Time: 9.30 am to 4.30pm
Dates: 5-day Course 2019 Wednesday the 6th, 7th, 8th, 11th, & 12th of March 2019

Benefits of Attending the Course

- An opportunity to progress to Part 2, Advanced Diploma in Life & Executive Coaching & Mentoring and achieve an internationally recognised qualification
- Achieve a recognised QQI Level 6 Award, Coaching Models of Practice Award
- An ability to coach clients based on the coaching methodology and structure demonstrated by course tutor during the course
- Understanding of a range of coaching models and techniques
- Powerful communication techniques
- An understanding of the science behind goal setting & action planning
- Course delivered by Jennie Cruise and Maura Dolan, internationally accredited coaches and trainers.



Course Content

- **Understanding the role of a coach and the coaching process:**
 - **Terms & Conditions**
 - **Contracting**
 - **Setting the scene for a coaching session**

- **Differences between Coaching, Consulting, Mentoring & Counselling**
- **The relevance and role of each in the workplace**

- **Understanding Core Coaching Competencies**
- **Understanding Learning Styles**
- **Understanding Values in the coaching context**
- **Understanding the relevance of belief systems in the coaching context**

- **Coaching in the Workplace**
- **Difference & Similarities between Life & Executive Coaching**
- **The Benefits of Coaching in the Workplace**

- **Evaluating Coaching Models including:**
 - **GROW**
 - **SMART**
 - **Goal setting, action planning**
 - **Co-Active Coaching**



Registration Form – Part 1

QQI Level 6 Coaching Models of Practice

Part 1 of Advanced Diploma in Life & Executive Coaching & Mentoring

NAME _____

ADDRESS _____

EMAIL _____ TELEPHONE MOBILE: _____ BUSINESS: _____

CURRENT EMPLOYMENT DETAILS: _____

HOW DID YOU HEAR ABOUT COURSE? _____

PLEASE ADVISE OF ANY SPECIAL NEEDS REQUIRED TO FACILITATE ATTENDING THE COURSE.

Part 1 - Advanced Diploma in Life & Executive Coaching

Venue: Avila Centre, Bloomfield Avenue, Morehampton Road, Donnybrook, Dublin 4

Parking Available FOC

Commencing: Wednesday the 6th of March

Payment Options (Please tick one)

- ❖ Full Payment of **€850** on Registration
- ❖ or
- ❖ Deposit of **€100** on Registration, the balance of **€750** payable **before** commencement of the course

Payment may be made online by Bank Transfer: Bank AIB, Stillorgan, BIC: AIBKIE2D IBAN: IE83 AIBK 9335 7046 6600 90

Signature _____

Contact: E: info.leci.ie W: www.leci.ie Mob 00 353 86-2404107

Life & Executive Coaching Institute

Behan House

10 Lower Mount St.

D02HT71